



Care Home Checklist

Care Home.....Date.....

Answer: Y for Yes and N for No in the boxes below

ARRIVING AT THE HOME

- Were you welcomed when you arrived?
- Are the furnishings and decoration in good condition?
- Is the home fresh, clean and welcoming?
- Do the residents seem active and content?
- If there are visitors there, do they seem comfortable and happy?
- Are the residents dressed nicely with clean shoes and neat hair?

COMMUNAL FACILITIES

- Are there sitting rooms with and without TV?
- Is there a separate dining room?
- Are there toilets near the lounge?
- Are there separate men's/ women's toilets
- Are there books, magazines and newspapers available?
- Are the gardens attractive and well maintained?
- Are the gardens accessible with plenty of places to sit?
- Can you get involved with the gardening if you wish?



LIFE IN THE HOME

- Can you make / take phone calls at any time in private?
- Are there any rules about going out /returning?
- Are there smoking and non-smoking areas?
- Is there a residents' committee?
- How involved can residents be in the running of the home?
- Is alcohol served or permitted?
- Are there facilities to make a cup of tea or a snack?
- What arrangements are there for religious observance?
- Can you bring pets to stay or visit?
- What are the arrangements for handling your own money?

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ACCESSIBILITY

- Are wheelchairs available to borrow?
- Are all areas accessible for wheelchairs?
- Is there adequate provision for people with sight or hearing loss?

HEALTH

- Can you keep your own GP? (Check if your doctor will visit there)
- What happens about dental, optician or outpatient appointments?

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What happens about longer hospital stays?

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 Can you continue to administer your own medication if you want to?

How is medication handled?
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MEALS

Ask to see recent menus-is there good choice and variation?

Are special dietary needs catered for?

Can you have meals or snacks in your room?

Can you choose when and where you eat and who you sit with?

Are there any self-service snacks available during the day?

VISITORS

Are visitors welcome at all times?

Can visitors stay for meals?

Can visitors stay overnight?

Is there somewhere private where you can talk with your visitors?

STAFF

Are the staff friendly and welcoming?

Do the staff chat to the residents? Are they respectful?



What staff are available during the day and the night?

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ACTIVITIES

- Does the home have its own transport?
- Can you get out to the shops or other amenities?
- Are escorts available if necessary?
- Is there a good range of activities / entertainment organised?
- Is there a library service available?
- Can you pursue your own hobbies?
- Do you have to take part in the activities?

BEDROOMS

- Is there a choice of single or shared rooms?
- Are the rooms light and attractive, with nice views from the window?
- Can you adjust the heating or open a window?
- Can you bring your own furniture and personal effects?
- Can you re-decorate or re-carpet the room?
- Can you have a TV and telephone in your room?
- Is there a call button for help or emergencies?
- Can you lock your room, or keep valuables locked away?



BATHROOMS

- Are the bathrooms en-suite or shared?
- Are the baths/showers adapted and bathrooms properly equipped?
- Are the bathrooms clean and hygienic?

PERSONAL CARE

Ask to see a copy of the Care Planning Documentation

- Can the home meet your personal and cultural needs?
- Will you have a nominated carer?
- Can you choose when to get up and when to go to bed?
- Can you have a bath / shower when you wish?
- Can your relatives be involved in your care?

What extra services are available (hairdressing, chiropody etc)?

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What are the arrangements for laundry?

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What happens if your care needs increase?

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What are the arrangements if English is not your first language?

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INFORMATION / YOUR WELCOME

- Have you been offered helpful written information?
- Did you get a good 'feel' about the home?